



National Offender
Management Service

Young
People's
Estate

Working with complex needs: Psychological & therapeutic interventions in the youth justice system

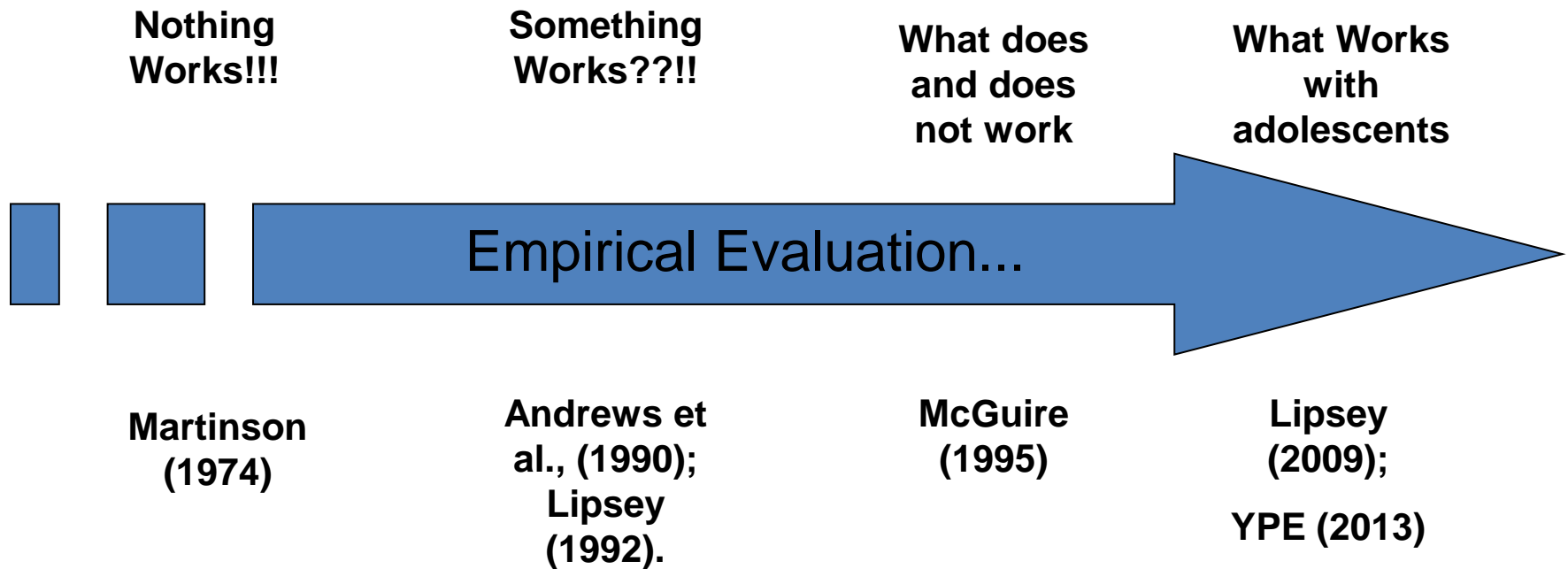
Directorate of Public Sector Prisons

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*“Working together to
transform young lives”*

What Works

The journey of effective practice.....



What Works

- **Responsivity**
 - Literature review
- **Risk**
 - High frequency of violence (61% index)
 - Longer duration of stay (68% 1 year+)
- **Need**
 - Frequency of needs identified
 - Knowledge gap
 - Inconsistent quality & quality

Intervention Definition

Interventions are designed and implemented in accordance with empirical evidence with the primary objective of positively changing young people's attitudes, thinking and behaviour to reduce the likelihood of reoffending, improve institutional behaviour and resettlement prospects and develop interpersonal skills.

This includes Interventions which make progress toward behavioural change such as developing motivation and raising awareness.

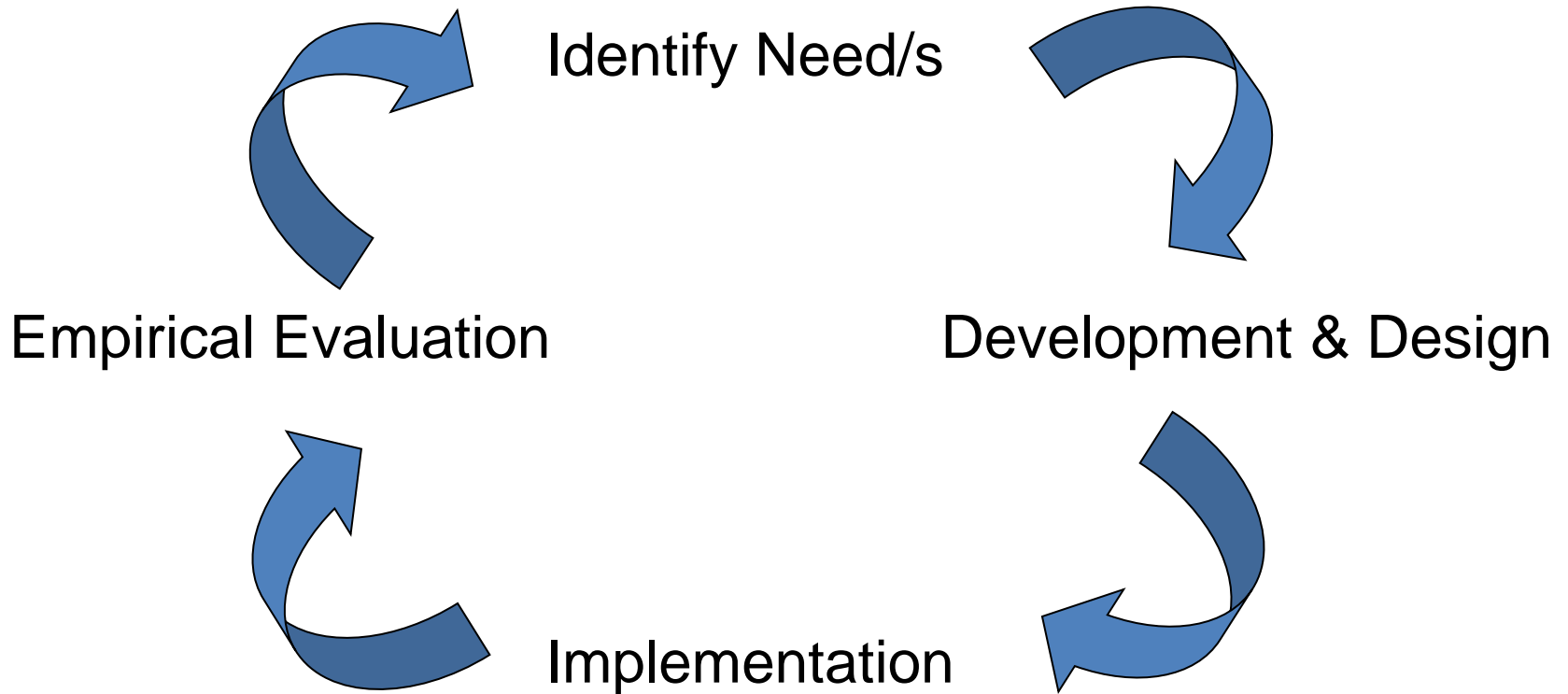
Intervention validation processes

CSAAP Accredited (e.g. JETS)

OR

PSO 4350 validated (or professionally regulated e.g. HCPC)

What Works: Model of Effective Practice



PSO 4350: Effective Regime Intervention

- **Screen**
 - Target population
 - Need
 - Aims & outcomes
 - Method
 - Links to Case Management
- **Full Application**
 - In addition to the above:
 - Resource requirements (physical, training etc)
 - Staff & young people selection criteria including diversity considerations
 - Quality assurance
 - Empirical evaluation (PSI 2014/22: Research Applications)



Questions?

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